

Deep Cleaning Checklist: Whole House Rooms

Blank copy

Property and clean

DATE OF THIS CLEAN

PROPERTY ADDRESS

ROOMS INCLUDED THIS VISIT

CLEANED BY

WHO IS ON SITE

ANYONE SICK OR AT HIGHER RISK OF GETTING SICK

CLEANERS USED THIS VISIT

☐ Occupant or owner present for this clean

JOB NOTES

Kitchen

Item	Done	Skip	N/A	Notes
Cabinet doors, handles, and pantry shelves	☐	☐	☐	
Refrigerator interior, shelves, bins, and gasket	☐	☐	☐	
Refrigerator exterior, top, and accessible coils	☐	☐	☐	
Dishwasher filter, door, and empty hot cycle	☐	☐	☐	
Microwave interior and exterior	☐	☐	☐	
Stovetop, grates, drip pans, and knobs	☐	☐	☐	
Oven interior or self-clean cycle	☐	☐	☐	
Range hood exterior and filter	☐	☐	☐	
Counters and backsplash cleaned (disinfect only if needed)	☐	☐	☐	
Sink, faucet, and drain	☐	☐	☐	
Small appliance exteriors (unplug first)	☐	☐	☐	
Kitchen high-touch: handles, switches, and controls	☐	☐	☐	
Kitchen trash emptied and the bin washed	☐	☐	☐	

Bathrooms

Item	Done	Skip	N/A	Notes
Toilet bowl, seat, lid, handle, and base	☐	☐	☐	

Sink, faucet, and vanity counter	☐	☐	☐	_____
Tub and shower walls, soap scum, and fixtures	☐	☐	☐	_____
Shower tile grout and corners	☐	☐	☐	_____
Shower door, curtain, or liner	☐	☐	☐	_____
Mirrors and glass	☐	☐	☐	_____
Exhaust fan cover dusted	☐	☐	☐	_____
Bath mats, towels, and washable shower curtain laundered	☐	☐	☐	_____
Vanity cabinets and under-sink storage	☐	☐	☐	_____
Bath high-touch: knobs, switches, and flush handle	☐	☐	☐	_____
Hard bath surfaces disinfected after cleaning (if needed)	☐	☐	☐	_____

Bedrooms

Item	Done	Skip	N/A	Notes
Sheets, duvet covers, and mattress pads washed	☐	☐	☐	_____
Pillows washed or spot-cleaned per the label	☐	☐	☐	_____
Under-bed, frame, and box spring vacuumed	☐	☐	☐	_____
Ceiling fan, lights, and other high surfaces dusted	☐	☐	☐	_____
Blinds, curtains, and valances	☐	☐	☐	_____
Closets, shelves, and rods	☐	☐	☐	_____
Dressers, nightstands, and other furniture	☐	☐	☐	_____
Windows, sills, and frames	☐	☐	☐	_____
Bedroom baseboards and corners	☐	☐	☐	_____
Bedroom high-touch: switches, knobs, and remotes	☐	☐	☐	_____

Living and dining

Item	Done	Skip	N/A	Notes
Top-to-bottom dust: fans, molding, shelves, and cobwebs	☐	☐	☐	_____
Lamps, fixtures, and cool bulbs	☐	☐	☐	_____
Blinds, drapes, and valances	☐	☐	☐	_____
Upholstery vacuumed, including between cushions	☐	☐	☐	_____
Leather furniture cleaned if present	☐	☐	☐	_____
Interior windows, sills, and frames	☐	☐	☐	_____
Living and dining baseboards	☐	☐	☐	_____

Remotes and device surfaces	☐	☐	☐	_____
Pillows, throws, and washable covers	☐	☐	☐	_____
Living high-touch: tables, switches, and doorknobs	☐	☐	☐	_____

Floors

Item	Done	Skip	N/A	Notes
All floors swept or vacuumed before wet cleaning	☐	☐	☐	_____
Hard floors vacuumed with the brush roll off	☐	☐	☐	_____
Hardwood damp-mopped with a wood-safe cleaner	☐	☐	☐	_____
No vinegar or steam on hardwood unless the floor maker allows it	☐	☐	☐	_____
Tile or vinyl mopped with a labeled cleaner	☐	☐	☐	_____
Carpets and area rugs vacuumed, then deep-cleaned if needed	☐	☐	☐	_____
Stairs, landings, and floor transitions	☐	☐	☐	_____
Entry mats shaken or washed	☐	☐	☐	_____
Wet floors dried, not left standing wet	☐	☐	☐	_____

Extras and chemical put-away

Item	Done	Skip	N/A	Notes
Laundry room: machines, lint screen, and detergent area	☐	☐	☐	_____
Entry, halls, and stair rails dusted and wiped	☐	☐	☐	_____
Office, bonus room, or other leftover room	☐	☐	☐	_____
Household trash and recycling taken out	☐	☐	☐	_____
Rooms ventilated while using bleach or other strong chemicals	☐	☐	☐	_____
No bleach mixed with ammonia, vinegar, acids, or other cleaners	☐	☐	☐	_____
Cleaners stored in original labeled containers, locked or out of reach	☐	☐	☐	_____
Hands washed after cleaning and after gloves come off	☐	☐	☐	_____
Safer Choice or surface-labeled products used as planned	☐	☐	☐	_____
Pet beds and washable toys cleaned if present	☐	☐	☐	_____

Leftovers and sign-off

ROOMS SKIPPED AND LEFTOVER WORK

PRODUCTS USED

RESULT

NEXT DEEP CLEAN TARGET

SIGNATURE

DATE SIGNED

TIME SIGNED

Reference only. Verify against local codes, a licensed inspector or a qualified contractor.